The Assertive behavior to behavior of Housewives and its relationship to their management of marital disputes

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Abstract:
The Assertive behavior is represented in many behaviors that reflect positively on the personality of the self-affirming individuals, the Housewife who lacks Assertive skills in her daily life, fails to express her thoughts and feelings and fails to claim her rights. The Housewife should not stand powerless in front of the disputes that she faces inside and outside the family, but must intervene to solve them, because if she neglects the dispute or neglects to confront it, it may expand and grow and may turn into accumulations within the family and prevent the family from achieving its goals or the cooperation between its members to achieve those goals, the Housewife who can manage disputes inside and outside the family to a high degree with efficiency can make the family members highly cooperative and motivates them to achieve the best possible performance. Therefore, the current research aims to study the relationship between the Assertive behavior to the Housewife and the management of her marital disputes. The study sample consisted of (214) Housewives, from rural and urban areas, and from different social and economic levels. The research tools consisted of the general data form for families, the Assertive behavior questionnaire for the Housewife, and the marital dispute management questionnaire with its three axes and after collecting these data, they were classified and sorted, and we used the appropriate statistical coefficients in the spss program to reach the results, and the research followed the descriptive analytical method. One of the most important results of the research was the existence of a positive, statistically significant correlation between the Assertive behavior of the Housewife and the total management of marital disputes. There are no statistically significant differences between female heads of households from rural and urban areas in each of the total Assertive behavior questionnaire of the Housewife, the total management of marital disputes of the family, there are statistically significant differences between working and the non-working women in the total Assertive behavior in favor of the female workers, there was no statistically significan variance between the heads of households in the total Assertive behavior questionnaire according to the educational level of the wife, and there was a statistically significant variance between the heads of households in the total marital disputes management questionnaire according to the educational level of the wife in favor of the high level.

Through the study, a set of recommendations was presented, the most important of which were: the importance of holding training courses in specialized centers by social specialists in the field of family relations with the aim of spreading awareness of the importance of Assertive behavior in the life of the Housewife through deepening the correct concepts and their reflection on marital life to reduce family problems, The necessity of conducting awareness and training workshops by family centers for the most effective methods in managing marital disputes to achieve a decrease in the level of all kinds of disputes, activating the family guidance and counseling offices to play their role in resolving family disputes.

Keywords:
Assertive behavior, self-assertion, marital disputes, marital disputes management, disputes management methods, Housewife

References: