The Personal Habits Of The Household And Their Relation To The Family Performance Management

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Abstract:
Background and problem : Since the family is the first building block; Children acquire on the basis of certain stimuli provided by the family - especially the mother - the customs, traditions, values, patterns of behavior, and the characteristics of growth that accompany him throughout his life. And since the child's self is formed and consists of looking at the parents - especially the mother - and is influenced by them through the roles they perform towards certain actions, habits and practices, and consequently, his perception of himself is influenced, just as habits have a role on family members, so it has a very important role on the level of their performance, because all A family follows different functional rules and therefore the performance of family functions is affected by these habits that it follows in its lifestyle. Based on the above, the study problem is crystallized, which can be formulated in the following question The study problem is crystallized in the following question: What is the relationship between the personal habits of the head of the family with its axes, and managing family performance in its dimensions. The research aimed to study the nature of the relationship between the personal habits of the head of the family and the management of family performance. The sample of the study consisted of (391) female heads of household of different socio-economic levels, and it was stipulated in them that there should be an existing marital relationship, whether she was working or not, and she had children in different educational stages, and they were chosen in a randomly intended way, and then the study tools were applied to them, and a tool was formed. Searching from the initial family data questionnaire, the personal habits questionnaire of the head of the household in its five axes, and the family performance management questionnaire with its four dimensions. This study follows the descriptive and analytical approach. The research concluded: -- The existence of a positive correlational relationship with statistical significance at the level of significance (0.01) between the personal habits of the household head with its five axes, and the management of family performance in its four dimensions. - The absence of statistically significant differences between female heads of households, the study sample, with regard to the nature of the work of the female head of the household (working / not working) in both the personal habits of the household head, and the household performance management. There are statistically significant differences between female heads of households, the study sample with respect to the place of residence (rural / urban) in housing arrangement and care habits, health habits, economic habits, and the total personal habits questionnaire of the household head for the benefit of rural female heads of households.

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