Seasonal color type as a guideline for selecting best color outfit

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Abstract:
As a part of Mother Nature, our inner makeup fits into the rhythmic patterns found in the seasonal cycle. Our personal colouring can be classified into different seasonal colour groups. As colour influences our existence and its invisible physical & spiritual qualities penetrate our spiritual realms. In this research, we help people find the simplest way to identify their seasonal classification and choose colours that best suit their look and boost energy level. The research demonstrates the different seasonal types, colour schemes for different types, and suggested designs that fit each type. We need to understand the relation between our seasonal colour type and our outfit to use them effectively which will be reflected in our outlook and mood.

Keywords
Colour; Seasonal Colour Types; Colour Analysis; Cloth; Outfit.

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