Husband's addiction to the Internet and its relationship to marital alienation among a sample of wives

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Abstract:

Modern technology, especially the Internet, has invaded all homes, and Internet addiction has become a societal phenomenon among members of society, whether young or old, especially the husband's addiction to the Internet, which has a great impact on the wife's feeling of marital alienation within her family, her feeling of marital isolation, dissatisfaction with her family life and the weakness of family values as a result of her feeling that her husband does not share her life tasks with her, and his constant preoccupation with the Internet and the consequent moral and social problems. The current research aims mainly to determine the relationship between the husband's addiction to the Internet and marital alienation among a sample of wives. The research tools consisted of: the general family data form, the husband's Internet addiction questionnaire, the wife's marital alienation questionnaire with its dimensions (marital isolation, dissatisfaction with family life, weakness family values). The research sample consisted of (212) wives residing with their husbands and their husbands use the Internet and from different economic and social levels. Methodology: descriptive analytical method was used in the research. Results of the research were: There is a positive, statistically significant correlation at the level (0.01) between the husband's addiction to the Internet and the wife's marital alienation with its dimensions (marital isolation, dissatisfaction with family life, weak family values). There is a positive, statistically significant correlation at a significance level of (0.01) between the husband's addiction to the Internet and the husband's educational level. There is no statistically significant correlation between the husband's addiction to the Internet and the husband's age, wife's age, marriage duration and the number of family members. There is a negative statistically significant correlation at (0.05), between the marital alienation of the wife and the number of family members, there is a positive, statistically significant correlation at (0.01) between the marital alienation of the wife and the age of the wife, no significant differences statistically significance between the wives of the study sample in both the husband's addiction to the Internet and the marital alienation of the wife according to the place of residence (rural, urban), and there is a statistically significant variance between the wives in the study sample in both the husband's addiction to the Internet and the wife's marital alienation according to the husband's occupation in favor of husbands without work, There is no statistically significant variance between the wives of the study sample in each of the husband's addiction to the Internet and the wife's marital relationship according to the level of the family's monthly income. **Recommendations**: preparing educational seminars, awareness campaigns, and treatment and guidance programs for family members through various social and religious institutions, with the aim of educating them about the uses of the Internet and its various applications that these people deal with in a bad and harmful way to reduce its addiction. Holding training and counseling courses for family members in the concerned authorities to reduce the severity of marital alienation between spouses, the assistance of specialists in the field of psychology, sociology and family counseling through the media and designing talk shows to enhance family cohesion and reduce marital alienation between spouses.

Keywords:

Internet Addiction, Marital Alienation, Wife

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